



JANUARY 2009



www.pinnacle martial arts.com

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

"Bunkai (application) is like a tree; its has many branches. There are many different applications that sprout up from one base"
 - Nat Peat Sensei (Yudansha Kobu-Jitsu Karate-do Federation)



4

5

6

7
 正統松村流
 Seito Class (Adv. Adults)

8

9

10



11

12

13



14

15

16

17

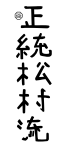
18



19

Kumite Class

20



Seito Class (Adv. Adults)

21



Red Stripe Testing

22

23

24

25

26

27



Kata Class



Lil' Dragon Promotion

28



Belt & Stripe Testing

29

30

31

Vecchiolli Sensei's Birthday

Schedule subject to change



FEBRUARY 2009



www.pinnacle martial arts.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 正統松村流 Seito Class (Adv. Adults)	5	6	7
8	9	10	11 NO kata class	12	13	14
15	16  Kumite Class	17	18 正統松村流 Seito Class (Adv. Adults)	19  Red Stripe Testing	20	21
22	23	24	25  Kata Class  Lil' Dragon Promotion	26  Belt & Stripe Testing	27	28

For every one hundred men you send us, Ten should not even be here. Eighty are nothing but targets. Nine of them are real fighters; We are lucky to have them, they the battle make. Ah, but the one. One of them is a warrior. And he will bring the others back for he the battle wins!
- Heraclitus 500BC








Schedule subject to change



MARCH 2009



www.pinnacle martial arts.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 NO kata class	5	6	7  Troy Price Seminar
8	9	10	11  Kata Class	12	13	14
15	16	17  St. Patrick's Day	18 正統松村流 Seito Class (Adv. Adults)	19  Red Stripe Testing	20	21
22	23  Kumite Class	24	25 NO kata class  Lil' Dragon Promotion	26  Belt & Stripe Testing	27	28
29	30	31	<p><i>"The foundations of a style should be like the roots of a tree; it should always have a good lineage, if not, the foundation may give way when the tree is rocked."</i> - Nat Peat Sensei (Yudansha Kobu-Jitsu Karate-do Federation)</p>			

Schedule subject to change



APRIL 2009



www.pinnaclemartialarts.com

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

"The teaching of one virtuous person can influence many; that which has been learned well by one generation can be passed on to a hundred." -- Jigoro Kano, the founder of Judo (1860-1938).

正統松村流

1

2

3

4

Seito Class (Adv. Adults)

5

6

7



8

9

10

11

Kata Class

Mr. Koepfel Seminar, Springfield, IL

12

13

14

正統松村流

15

16

17

18

Seito Class (Adv. Adults)

19



20

21



22



23

24

25

Kumite Class

Kata Class

Red Stripe Testing

26

27

28

NO
kata
class

29



Lil' Dragon Promotion



30

Belt & Stripe Testing

Schedule subject to change



MAY 2009

www.pinnaclemartialarts.com



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

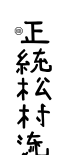
"You are reconsidering your training, or perhaps even contemplating beginning a new system. You have been told by the teacher that to obtain proficiency, you may have to train hard for the next two to three years. You begin to wonder if all of that time out of your life is really worth it. No matter what your choice is, your going end up there anyway in two to three years with or without the training."

- Michael R. Boyce

3

4

5

6

 Seito Class (Adv. Adults)

7

8

9

10



Kumite Class

11

12

NO
kata
class

13

14

15

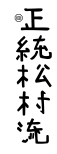
Mr. Koeppe
Seminar,
Holt, MI

16

17

18

19

20

 Seito Class (Adv. Adults)

20



Red Stripe
Testing

21

22

23

24

25

26



Kata Class



Lil' Dragon
Promotion

27



Belt & Stripe
Testing

28

29

30

31

MEMORIAL
Day








Schedule subject to change



JUNE 2009



www.pinnacle martial arts.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 正統松村流 Seito Class (Adv. Adults)	4	5	6
7	8	9	10 NO kata class	11	12  USKK Internationals	13  USKK Internationals
14  USKK Internationals	15	16	17 正統松村流 Seito Class (Adv. Adults)	18  Red Stripe Testing	19	20
21	22	23	24  Kata Class  Lil' Dragon Promotion	25  Belt & Stripe Testing	26	27
28	29	30	"Knowledge does not grow like a tree where you dig a hole, plant your feet, cover them with dirt, and pour water on them daily. Knowledge grows with time, work, and dedicated effort. It cannot come by any other means." -- Ed Parker.			

Schedule subject to change



JULY 2009



www.pinnaclemartialarts.com

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

"The fastest draw is when the sword never leaves the scabbard, The strongest way to block, is never to provoke a blow, And the cleanest cut is the one withheld."

正
統
松
村
流

1

Seito Class (Adv. Adults)

2

3



4

5

6

7

NO
kata
class

8

9

10

11

12

13

14

正
統
松
村
流

15

Seito Class (Adv. Adults)

16

17

18

19

20

21



Kata Class

22



Red Stripe
Testing

23

24

25

26

27

28



Kata Class



Lil' Dragon
Promotion

29



Belt & Stripe
Testing

30

31

Schedule subject to change



AUGUST 2009



www.pinnacle martial arts.com

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

"To win one hundred victories in one hundred battles is not the highest skill. To subdue the enemy without fighting is the highest skill."
Sun-Tsu

1

2

3

4

5
正統公村流

Seito Class (Adv. Adults)

6

7

8

9

10

11

12
NO
kata
class

13

14

15

16

17

18

19
正統公村流

Seito Class (Adv. Adults)



20
Red Stripe
Testing

21

22

23

24

25



Kata Class



26
Lil' Dragon
Promotion

27



28
Belt & Stripe
Testing

29

30

31

31

29







Schedule subject to change



SEPTEMBER 2009



www.pinnacle martial arts.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 正統松村流 Seito Class (Adv. Adults)	3	4	5
6	7 Labor Day	8	9 NO kata class	10	11	12
13	14	15	16 正統松村流 Seito Class (Adv. Adults)	17  Red Stripe Testing	18	19
20	21  Kumite Class	22	23  Kata Class	24  Belt & Stripe Testing	25	26
27	28	29	30  Kata Class  Lil' Dragon Promotion	"A Man Who Has Attained Mastery of An Art Reveals It in His Every Action."		

Schedule subject to change



OCTOBER 2009



www.pinnacle martial arts.com

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

"One does not need buildings, money, power, or status to practice the Art of Peace. Heaven is right where you are standing, and that is the place to train."
Morihei Ueshiba.

4

5

6

7
正統松村流

Seito Class (Adv. Adults)

1

2

3

8

9

10

11

12

13

14
NO
kata
class

15

16

17

18



Kumite Class

19

20

21
正統松村流

Seito Class (Adv. Adults)

22



Red Stripe
Testing

23

24

25

26

27



Kata Class



Lil' Dragon
Promotion

28



Belt & Stripe
Testing

29

30



31






Schedule subject to change



NOVEMBER 2009



www.pinnacle martial arts.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 正統松村流 Seito Class (Adv. Adults)	5	6	7
8	9	10	11 NO kata class	12	13	14
15	16  Kumite Class	17  Red Stripe Testing	18 正統松村流 Seito Class (Adv. Adults)	19	20	21
22	23	24  Belt & Stripe Testing	25  Kata Class  Lil' Dragon Promotion	26  No Class	27	28
29	30	<p><i>"Although it is important to study and train for skill in techniques, for the man who wishes to truly accomplish the way of budo, it is important to make his whole life in training and therefore not aiming for skill and strength alone, but also for spiritual attainment." Mas Oyama</i></p>				

Schedule subject to change



DECEMBER 2009



www.pinnacle martial arts.com

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1

正統村流

2

Seito Class (Adv. Adults)

3

4

5

"Think like a man of action, act like a man of thought."

6

7

8



Kata Class

9



Christmas Party 6:30p
ALL Programs

10

11

12

13

14

15

正統村流

16

Seito Class (Adv. Adults)

17

18

19

20

21



Red Stripe
Testing

22

NO
kata
class

23

No Classes

24



25

26

27

28



Belt & Stripe
Testing

29

NO
kata
class



Lil' Dragon
Promotion

30

No Classes

31

Schedule subject to change